



PRE-PARTICIPATION PHYSICAL EVALUATION for INTERSCHOLASTIC ATHLETICS

This page to be completed by physician/nurse practitioner/physician assistant

STUDENT NAME: _____ Date of Birth: _____
HEIGHT: _____ WEIGHT: _____ % BODY FAT (optional) _____ PULSE: _____ BP: _____
VISION: R 20/____ L 20/____ CORRECTED? Y N PUPILS: EQUAL____ UNEQUAL____

Table with 4 columns: Medical, Musculoskeletal, Normal, Abnormal Finding, Initials. Rows include Appearance, Eyes/Ears/Nose/Throat, Lymph nodes, Heart, Pulses, Lungs, Abdomen, Genitalia (males only), Skin, Neck, Back, Shoulder/Arm, Elbow/Forearm, Wrist/Hand, Hip/Thigh, Knee, Leg/Ankle, Foot.

*Station-based examination only

CLEARANCE:

- Clearance options: Cleared, Cleared after completing evaluation/rehabilitation for: _____, NOT cleared for [Sport(s)]: _____ Reason: _____

Recommendation: _____

Name of Physician/Nurse Practitioner/Physician's Assistant _____ Date: _____

Address: _____ Phone: _____

Signature of Physician/Nurse Practitioner/Physician Assistant _____

I hereby certify that I have reviewed the student pre-participation History Form and performed a comprehensive pre-participation physical evaluation of the herein named student.

*DATE OF EXAM: _____

* Exam date must be after June 7th of the school year of intended participation.

PHYSICIANS STAMP: [Empty box for stamp]